

# GCSE Physical Education

Options Evening 2017

# GCSE Physical Education Course Breakdown

- ▶ 60% Theory
- ▶ 10% Written coursework
- ▶ 30% Practical

# Theory Learning

- ▶ Applied Anatomy & Physiology
- ▶ Movement Analysis
- ▶ Physical Training
- ▶ Use of data
- ▶ Sports Psychology
- ▶ Socio-Cultural Influences
- ▶ Health and Well-being

# Theory Assessment

- ▶ Two external examinations
- ▶ Each paper is 1 hour 15 minutes long
- ▶ Expected to demonstrate
  - ▶ Knowledge
  - ▶ Understanding
  - ▶ Application/Evaluate/Analyse

# Theory Lessons

- ▶ Two of the four GCSE Physical Education lessons per fortnight will be in a classroom, this could increase up to three based on progress made in the theory aspect of the course.
- ▶ Homework is set after most theory lessons as this supports the students learning especially as there is so much content to cover

# Written coursework

- ▶ A computer based write up of an analysis and evaluation of a performance.
- ▶ This includes:
  - ▶ Watching a student perform
  - ▶ Identifying their strengths and weaknesses
  - ▶ Planning a training session
  - ▶ Explaining how the training session would improve performance
  - ▶ Bringing in knowledge, understanding and application from the theory course to support improvement
- ▶ This is worth 10% of the overall grade.

# Practical Learning

- ▶ Over the three years we will cover:
  - ▶ Football
  - ▶ Badminton
  - ▶ Basketball
  - ▶ Handball
  - ▶ Netball
  - ▶ Table tennis
  - ▶ Athletics
  - ▶ Trampolining
- ▶ The aim is to cover enough sports to allow for diversity within the class but to limit to allow depth of learning

# Practical Assessment

- ▶ Three activities must be shown to the external examiner either as a live performance or as a video
- ▶ One activity must be a team sport and one must be an individual activity. The third activity can be from either section.
  - ▶ 10 marks are awarded for demonstrating skill level within drills
  - ▶ 15 marks are awarded for demonstrating skill level within a full sized game

# Practical Sports

▶ The government has limited the sports which can be used in this qualification:

- ▶ Football
- ▶ Badminton
- ▶ Basketball
- ▶ Cricket
- ▶ Dance
- ▶ Handball
- ▶ Hockey
- ▶ Lacrosse
- ▶ Netball
- ▶ Rowing
- ▶ Diving
- ▶ Rugby league and union
- ▶ Squash
- ▶ Table tennis
- ▶ Tennis
- ▶ Volleyball
- ▶ Boxing
- ▶ Athletics
- ▶ Canoeing
- ▶ Cycling
- ▶ Golf
- ▶ Gymnastics
- ▶ Equestrian
- ▶ Rock climbing
- ▶ Sculling
- ▶ Skiing
- ▶ Snowboarding
- ▶ Swimming
- ▶ Trampolining
- ▶ Other specialist activities (eg. Wheelchair basketball) or national sports (eg. Gaelic football)

# Reminder

- ▶ This is not a qualification in playing sport!
- ▶ The content of the theory course is very challenging, as we do not teach theory in the lower school performance in science is historically a way to estimate how challenging this section might be.
- ▶ This is not a qualification in playing sport!
- ▶ Practical assessments are very challenging students who are competing below school team level are going to find the practical assessment a real challenge
- ▶ This is not a qualification in playing sport!